
COMMANDER-----JIM LAFARLETTE

There are still a few members who have not paid their dues for 2008. We don't want to lose you as members. Please send in your dues or better yet come on down and pay them here at the post and spend some time with us. We still expect to be 100% membership this year.

We gave out 7 scholarships in the Chula Vista High school district. All the students have been accepted at the college of their choice. Each one received a One thousand dollar check. We would like to thank Glen Holz on a great job of chairing this worthwhile project. He had some outstanding students this year.

Our next meeting will be Thursday July 10th at 6pm.

I will be filling you in next newsletter on what took place at the convention.

1ST VICE CMDR & BUILDING FUND CHAIRMAN-----HERB JAMES

We welcome aboard the 9 new members, Nina Adrian, Jonathan Coon, Tom Kleindolph, Artelia Kerokous, Steven Lukefaher, Nina Nieto, William Tompkins, Thomas Warren, and Ron Valentine.

Current membership is at 1,206=100%. Thanks to all for helping to achieve our goal. We will be going to State Convention with 100%.

Membership is the American Legion's life's blood. Carry an application with you and sign up eligible members.

Check the showcases, we lots of goodies, 3x5, 4x6, and 8x12 cotton, nylon, and polyester flags. If you don't see a certain item in the showcase just ask me we can probably order it for you.

Tony Stewart has taken Junes place. He has posted his hours on the Office door. He has a job so he must conduct his business this way. You can contact Tony or myself @ 422-9309. The post has a very good Dental Plan for all members and their families, check with the bartenders for applications.

Building fund doing okay and a report is posted on bulletin board for everyone to read.

2ND VICE COMMANDER-----KEN GREENAWALD

Our picnic this year will be Aug. 2nd. We will have a sign up sheet for all of you that can volunteer for the many jobs we will have. If you volunteer you will not have to pay for the picnic. Picnic will start at 10am-5pm. We decided to make this picnic into a Hawaii theme. Remember George and Lynn Ray was married at this time last year and made it Hawaii. We will have the ugliest Hawaii shirt contest, horseshoes, jailhouse, clowns, and much more. Food will be burgers, dogs, brats, and BBQ Hawaii ribs. We will have music during the day and Midnight Fire will play at 5pm. Don't forget we need lots of good clean items for the auction, it will start at 3pm. You can bring your items in starting on July 20th. If you have a large item you want to donate please give me a call and we will arrange to pick it up. Price for the picnic will be \$5.00 for members of 434. Non-members \$10.00. Kids 10 years and younger are free. We will not have a breakfast the next day. Instead we will be working on clean up.

CHAPLAIN-----JOHN CHAVEZ 690-1358

Sorry to report the passing of Ed Caliri, and Joseph Hall. Our prayers go out to their families.

Jim Cooney has finally gone home.

Just found out Hugh Sterling is in the hospital, but hopefully he will be out soon.

Please let me know as soon as you can when someone is in the hospital or if there is a death.

DON'T COUNT YOUR TROUBLES, COUNT YOUR BLESSINGS

SGT-AT-ARMS-----ORVILLE CHARLES

Post 434 was well represented at the Glen Abby Memorial Park on Memorial Day Monday 26th of May.

The Ladies Auxiliary marched into the stadium with the colors and the Post Rifle Squad performed the rifle salute. Members of the Rifle Squad were Erasmus "Jr" Pagan, Charles Dunnell Jr. and Eric Stanger. The rifle squad followed all maneuvers and accurately, which all rifles were fired simultaneously.

Post 434 members present were Commander Jim Lafarlette and wife Margaret, 3rd Vice Glen Holz, Adjutant Tony Stewart and wife Teri, Terry Stranger and Don Paxton. Historian Mike Tegardine actively recorded all proceeding for the post records.

SAL COMMANDER-----DANA CASSARD

Due to the fact I was late getting the May letter to the printer I am including the May news this month.

We wanted to thank all who came down and enjoyed our Cinco de Mayo dinner. A special thank you goes out to Doreen Lauseng and Karen Cassard for their help. We also thank all of you who dug deep into your pockets and donated to Mrs. Romero's dances. They were great as always.

The elections are over and your new SAL 2008-2009 officers are as follows: Commander, Scott Williams, 1st Vice & Chaplain Leroy Lauseng, 2nd Vice Bill Welch, Adjutant and Finance Officer Mike Jonucz, Sgt-At-Arms Ronnie Whitehead and Wayne Swartz is your Historian. Congratulations to all.

Now on to the June news. Our membership is 120 and we are now 100%+. Thank you for joining us on the 20th for our dinner. Thanks to Midnight Fire for the entertainment.

July 19th we will be hosting the Son's chili cook-off, which will be open to everyone. You can sign up at the post anytime before that date. We start cooking at 11am. We will be serving Burgers with all the fixings at 11am -2pm. Come join us for a fun filled day.

July 25th we will be hosting a dinner. We haven't decided what to cook as yet. It will be post at the Club. We will have a new band that night. Come check them out.

Now I am sad to say that this will be my last letter in the Legion Lite. I'm retiring from the Son's after 15 years of service. I want to thank all of you for your support toward me and my wife Karen. We enjoyed doing all that we were part of, but now we want to move on and start doing more in our home, travel and do more kayaking. But you are not getting rid of us that easily, we will still be stopping by to have toddies and visit all of you, our friends. Thank you and God Bless

THE PROFILER

WELCOME TO THE PROFILER'S WORLD. IT'S ALL ABOUT YOU. WHO ARE YOU?

JAMES (JIM) BRADLEY

Jim was born on September 7, 1944 in Los Angeles, Ca. He graduated from Victorville High School in Victorville Ca. in 1962. In February 1963, Jim enlisted in the U.S. Navy. He was stationed in Kodiak, Alaska for 1st tour of duty, and was involved in the rescue of survivors from the Alaskan Earthquake on Good Friday, March 1964 aboard the USS Kodiak LSM 161. From there, he was stationed at Fleet Training Center in San Diego for the next four years. He was married to Carla Knoles and shipped over for another tour of duty and chose to be stationed at Pearl Harbor, Hawaii. Jim then came back to San Diego to finish out his 10-year career with the U.S. Navy.

Jim cooked for several restaurants including the Hotel Del Coronado in 1985 plus the Black Angus Restaurant Sports Arena, San Diego.

Jim Left San Diego in 1987 to join up with the U.S. Postal Service in San Bernardino, Ca. Jims mother of 92 years passed away in 1998.

Jim retired from the Postal Service in 2000 and returned to San Diego in 2006. He was married twice with no children and now resides in National City, Ca in his mobile home and works for Vons in Coronado while enjoying two retirements.

QUOTE TO THE MONTH

Our flag is red, white and blue, but our nation is a rainbow—red, yellow, brown, black, and white—And we're all precious in God sight.

JESSE JACKSON

RECIPE OF THE MONTH

FUMI SALAD

1 head of cabbage chopped small
1 bunch green onion sliced
½ cup sesame seed toasted
1 cup almonds sliced and toasted
1 pkg. Chicken top Ramon noodles crushed save pkg for another use later

Dressing

½ cup rice vinegar
½ cup salad or canola oil
Black pepper lots, dash salt, 1 tsp sugar
Mix all ingredients before serving. Adjust seasoning to your taste.
By Delores Herring

HEAD SCRATCHER

WHY ARE PEOPLE IN THE MOVIES BUT ON T.V.?????

CLUB NEWS-----CHRIS HOLTRY

Thanks to everyone that help out at our Fathers Day breakfast. We have never served that many people ever, 230. Yes folks had to wait, but for free why not. It's a shame some people were down right rude to the people working on the floor. Always remember if you have a problem come see us in the kitchen, not the other VOLUNTEERS.

Friday July 11th Pat Penrose and crew will be serving up Pork, Red Beans and rice, Creole bean soup and dessert all for \$6.75. Served 6pm till 7:30pm. Royal'ts will play 8pm till midnight. This is our very own Mardi Gras dinner, with all the great decorations. Lets all get dressed up in our super colors and come down for a great evening.

Saturday July 19th is the SAL Chili cook-off. Start at 11am judge around 1pm. Burgers with all the fixings will be served 11am-2pm.

Friday July 25th the SALs will be hosting a dinner. Menu will be posted at the Club. Served 6pm-7:30pm. Music by a brand new band, come check them out, 8pm till midnight.

Saturday July 26th we will have George James doing Karaoke at 5pm-? We will be serving Shrimp at 11am-2pm that day.

July and Aug. we will be having breakfast. Regular menu for all. Please mark this down. No breakfast on July 6th or Aug. 3rd. We only have 3 crews for the summer. We will not be serving Pork Chops any more for breakfast. Debbie will be the only one to serve them. Country fried once a month only.

Get ready for the Horse Races on Aug. 16th. We already have the bus and tickets. More on this next month.

Don't forget to sign up for the picnic. Sheet will be back by the Kitchen.

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Herb James
(619) 421-2488
2nd Vice Commander
Ken Greenawald
(619) 476-3141
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PRESIDENT----- PATT FISHER, 934-9429

First, a thank you for your support these last three years. "I got it right, but have chosen to do it again"

Ladies, we do need members to step up and take positions as officers and chairmen. We need new ideas, why? they can make a difference and improve our organization. If you can't make it to a meeting, drop us a note and share your ideas. You are a valued member of our Unit and we welcome all input.

Our July meeting will be a planning and organizational meeting. We will discuss the budget and our Standing Rules.

We are always looking for program chairmen for our programs, all of which benefit Veterans, their families and our community. You will never be alone in the "job"; we are all here to help.

Congratulations to Georgie for her first place district award for her Chaplain's report and Chris for her first place district awards for her Auxiliary Emergency Fund report.

We will put a complete list of all awards in next month's Legion Lite. That way we can add Convention awards.

MEMBERSHIP----- LOIS CORNISH, 427-3966

Our goal of 426 is getting closer. We now have 411 into Department office. Just need 15 more for goal. By this time of year, it is next to impossible to "get" that remaining 15. The Department close of books for the Auxiliary year is early May and the 2009 membership cards will likely be delivered by mid July. We can still take all the renewals possible, otherwise you may lose your years of membership and have to start all over at one (1) year.

CHAPLAIN-----GEORGIE CHARLES

Sorry to report that Elinor Wilson lost her mother, our sincere sympathy to the family. Long time Auxiliary member and Past Unit President Naomi Gerdts has been hospitalized, a speedy recovery to her. Millie Drey was ill, but made our June meeting. Good to see her.

HAPPY BIRTHDAY AMERICA!!

Please contact me on a death or one who is hospitalized from our Auxiliary.

"Trials give you strength, sorrows give understanding and wisdom." Chuck T. Falcon

The coupons for the military are still coming in and I thank all who have donated. So far, we have over \$5,000 in coupons. I am ready to send them out and have chosen the military in Italy as our first receivers, but if any one has a favorite overseas military base, let me know. Please to make it easier and less time consuming, I respectfully ask that the coupons be cut and put in an envelope with the dollar amount written on it. I could get them out faster.

I encourage all to get a survival pac and keep it updated. I have a recommended list of items to keep in that pac. See me or call and I will share it.

+++++

AUXILIARY MEMBER OF THE MONTH

This month's Auxiliary Member of the Month is not "a member" as criteria describes. She is more than a member, she is a friend to all; a confidante to whom ever needs it; always willing to help and an avid overseer of the health of many. "water is better for you than soda" is a common rebuke for a certain kitchen crew member.

More than a member: those of us who work in the kitchen know her for her unerring assistance; she preheats the steam table and the ovens; and takes the grounds out of the coffee pots. This is before we get started. When she is relieved behind the bar, she delivers orders, busses tables, and sometimes washes dishes, "just to help". That is just on Sunday mornings. Oh yes, if we burn the bacon, she helps us dispose of it. Burnt is better is her saying.

When any project is planned and executed, you will find her pitching in to help. She helps collate and fold the Legion Lite; for the poppy issue, she stuffed poppies into the envelopes; she also helped with attic and yard clean up, which is more than many of us ever do; and with a "word and a smile."

Our days are brighter when she is among us. A Kiwi by birth, but a true American in her heart, spirit and endeavors.

Thank you !!! CHRISSIE Thank You!!!

"I must correct a statement made about PATT FISHER in our write up last month. The intention about her children was "five children locally, two others and myriad..." No Pam, Patt did not disown any of you.

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July 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
DON'T FORGET TO SIGN UP FOR THE PICNIC WHICH IS AUG. 2ND WE NEED LOTS OF HELP.		1 LIVER & ONIONS 11AM-1:30PM BY RUTH & LIZ	2 FISH & CHIPS, TACOS. PLUS SANDWICHES 11AM-1:30PM SAL MEET 6PM	3 CLUBROOM MEETS 5PM E-BOARD MEETS 6PM SNACKS 4PM	4 BURGERS & HOT DOGS ON THE GRILL. BY DEBBIE 11AM-2PM HAPPY 4TH OF JULY	5 GRILLED CHICKEN BY GEORGIE 11AM-2PM
6 NO BREAKFAST BLOODY MARY SPECIALS EVERY SAT & SUN 6AM-NOON	7 TURKEY WRAP 11AM-2PM BY DEBBIE SPECIALS ALL DAY	8 CHICKEN ADOBO, LUMPIA 11AM-1:30PM BY RUTH & LIZ	9 AUX. MEETS 5:30PM SPECIALS ALL DAY LUNCH 11AM-1:30PM TACOS PLUS MUCH MORE	10 LUNCH 11AM-1:30PM DBLE CHEESE BURGERS POST MEETS 6PM	11 DINNER 6PM DANCE 8PM ROYAL T'S CHEF SALAD 11AM	12 SHREDDED BEEF BURITTO WITH FIXINGS 11AM-2PM
13 BREAKFAST BY DON & CHRIS, & CREW 8:30AM-11:30AM	14 SPAGHETTI BY DEBBIE 11AM-2PM SPECIALS ALL DAY	15 MEATLOAF BY RUTH & LIZ 11AM-1:30PM PLUS GOOD SOUP & SANDWICHES	16 FISH & CHIPS, TACOS, PLUS SANDWICHES 11AM-1:30PM SPECIALS ALL DAY	17 DBLECHEESE BURGERS EVERY THUR 11AM-1:30PM SOUP TOO SNACKS 4PM	18 BEEF FLYING SAUCERS 11AM-2PM BY DEBBIE	19 SAL CHILE COOK OFF 11AM START BURGERS 11AM-2PM
20 BREAKFAST BY DEBBIE & CREW 8:30AM-11:30AM	21 CHICKEN FRIED STEAK 11AM-2PM BY DEBBIE SPECIALS ALL DAY	22 LUNCH TUE-THURS BY RUTH & LIZ 11AM TILL 1:30PM	23 FISH & CHIPS, TACOS, PLUS SANDWICHES 11AM-1:30PM SPECIALS ALL DAY	24 DBLECHEESE BURGERS EVERY THUR 11AM-1:30PM SOUP TOO SNACKS 4PM	25 DINNER 6PM DANCE 8PM NEW BAND WILL PLAY REUBENS 11AM	26 SHRIMP 11AM-2PM GEORGE JAMES 5PM
27 BREAKFAST BY AUX CREW 8:30AM-11:30AM VETS HOME WILL HELP	28 ROAST BEEF SANDWICH WITH FIXINGS BY DEBBIE 11AM-2PM SPECIALS ALL DAY	29 LUNCH TUE-THURS BY RUTH & LIZ 11AM TILL 1:30PM	30 FISH & CHIPS, TACOS, PLUS SANDWICHES 11AM-1:30PM SPECIALS ALL DAY	31 DBLECHEESE BURGERS EVERY THUR 11AM-1:30PM SOUP TOO SNACKS 4PM		