

COMMANDER ----- BOB LIND

Many thanks to all the Post, and SAL that did all the work on the back yard. Like dirt, sod, and all the labor that went into getting it done. We want the Post to look good for our picnic. Thanks again to all of you that helped.

Our post will be getting some new paint outside. It should be done before the picnic we hope.

We will be putting in some new BBQs in the next few weeks. They will be much better then the ones we have now, last longer and easy to clean.

Pretty soon we will have a automatic door opener for the front door for all of you with electric chairs and wheel chairs.

Our next general meeting will be Thursday Aug. 11th at 6:30 pm.

1st VICE CMDR & BUILDING FUND CHAIRMAN

A hardy welcome aboard to four new members, Robert Lawrence, Martin Payan, and John Slanto. We are sure you will enjoy what we here at the post have to offer our members.

All members are part of our membership team. Carry an application with you and sign up a new member. Membership is the American Legion's lifeblood we need to add new members to replace those who have passed on and also to replace active duty military who have transferred to other duty stations.

To all paid members you are entitled to a free \$1000.00 accidental death and dismemberment insurance as part of your membership. You must sign up for it to put it in force.

National mails out all dues notices. If you have paid your dues and still receive another notice please ignore it as it takes some time for them to get caught up to the local post level.

This year our dues have gone up to \$30.00. 2006 cards are available now

Many of our members are eligible for health service through the VA. You must be registered to receive any service from them. Don't wait till you need their services as that may be to late.

The post has a very good dental plan open to all members and their families.

Check the display cases, we have Car flags, 3x5 cotton and nylon flags and home flag sets. Also 7 function pocketknives and many other goodies that make good gifts. Building fund is doing well.

August 6th is post picnic. We need good usable items for the annual auction. Please bring them to the Post starting on Aug. 1st. If you need us to pick something up please give us a call at the post and we will make arrangements.

God bless our Troops and pray for their safety as they serve our country. Happy sailing till next time.

**CHAPLAIN ----- DAVE
PANKRATZ**

I am sorry to report that we have lost three of our comrades again. Charles Lynch, Ralph Preston Jr., and Eugene Fought.

We have two members in the hospital Valentin Guerra and Ron Beyer. Both are at Scripps Hospital in Chula Vista.

God bless all

Home 472-5068, cell 855-1152.

**SAL COMMANDER ----- DANA
CASSARD**

2006 membership cards are in. See Barry Parr for your renewal. We will be participating in the "I Got Mine" membership drive. More news to follow. In a nutshell all SAL members who bring in a new member will get a pin that goes on your cover that says "I Got Mine". You say you don't have a cover, well guess what, we can get you one. If you

need info on purchasing one just contact me. In our August meeting I would like to see all Officers wearing their covers.

All members need to pick up a membership form and carry it in their wallet. When you come upon a eligible candidate sign them up. I would like to see every SAL member bring in one new member for the year 2006. It was nice seeing new faces at the last couple of meetings. Thanks for joining us Ronnie and Mike.

Congratulations to all our winners at this years Chili Cook-off that was Saturday July 9th. 1st Place-Jim and Pat Penrose, 2nd Place- Jim and Cindy Keith, and 3rd Place-Don Paxton and Debbie Lamb. Also a shout out to all the volunteers and members who came out to support us. A big thanks you to Ronnie and Deena Whitehead (West Coast Gaming) for their \$50 donation for the raffle. However in our July meeting when Jim Penrose, who worked hard putting on this years Chili cook off, informed us that we only have 6 SAL members who can cook chili. This SAL function always turns out to be a great time for all. Try it sometime, you might just enjoy yourself Next year let's see if we can drum up more support.

If you have any questions on anything the squadron is doing as any SAL officer or me. Your support and comments are greatly appreciated.

Thank you and God bless..

2nd VICE COMMANDER ----- KEN GREENWALD

Our Post Picnic will be Saturday August 6th. Time 10 am till 5pm. We have a sign up sheet at the Post for you to VOLUNTEER your time to help with the picnic. Everyone who VOLUNTEERS does not have to pay to come to the picnic. I'll need a lot of help on Friday to set up. Also more help on Sunday to take everything down.

We will be having Mike Griffin with his train for all the kids to ride on. Thank you Mike for doing this for our kids. Kids will have the Fun Jump, Face painting, and a Clown. For the big people we will have Ham Raffle, Cakewalk, and Horseshoes. We will be serving draft beer, and Kool-Aid for the kids. Remember Parents you are responsible for your Children and what they are up to. Food this year will be Pork and Beef Ribs, Hotdogs, Hamburgers, Chips, Potato salad, and all the other fixings.

Cost is \$5.00 for all Post 434 members. All non-members \$8.00 each. Kids 10 years and

under will be free. All others \$5.00 each

Hope to see all of you for a great fun filled day. Yes Curt Jester will be playing D.J. music outside till 3pm. At 3pm we will start the auction. Remember to donate good clean working items for the auction. All proceeds go into the building fund. At 5:30pm we will have Midnight Fire play for us till 9pm.

NEWS ON THE LAUGHLIN TRIP ----- BOB HERRING

There is going to be a Laughlin trip leaving the post on Oct. 9th and returning on Oct. 11th.

There still are no deals in Las Vegas and the Edgewater, as usual, is the best deal. The cost is \$80 per person double and \$95 single.

We're going to have the luxury "Orion Pacific" Coach again.

We will put a sign on the bulletin board to remind you to come down on Saturday Sept. 27th at 9am to sign up for the trip.

CLUB NEWS ----- CHRIS HOLTRY

Thanks to all the members who help out around the Club this past month. We had lots going on and needed many small repairs.

We will have our Delmar race trip on Aug. 20th. Price will be \$24.00 per person. Sign up sheet will be posted as soon as the newsletter goes out. We can only take 44 people so get down here right away and sign up. You will be given a sack lunch, ticket in and a program. We will have some beverages on the bus up and back. We will stay till the 9th race is over.

Saturday August 13th is our Law and Order Dinner. We will be presenting many awards to the local Police and Fire Departments. We will be serving Stuffed Pork Chops with all the trimmings. Price will be \$7.25 per person. If you would like to come to this you will need reservations. You can call Chris and let her now. They must be in by Aug.11th.

Friday August 19th Ruth Long will be serving Chicken Adobo, Lumpia, Rice, Salad, and dessert for \$6.75. Served 6pm till 7:30pm. Music by Midnight Fire 8pm till midnight.

Saturday August 27th Shrimp, cole slaw, and fries for \$3.50. 11 am till 2pm. George James will play 4pm till ?

Since all the Saturdays are taken up with other functions we decided to do some food on Sundays for lunch. Sunday August 14th we will be serving Finger food at 12 noon till 3pm. Pre-season football will be on too, we hope. Sunday August 21st we will be serving Burgers with all the fixings for \$3.75. Also Georgie will be serving Ice cream Sundays. You will have your choice of Choc., Carmel, and Strawberry.

She will have wipe cream, cherries, and nuts. Price \$1.50. 12 noon till 3pm.

Sunday August 28th we will be serving French Dip with Fries for \$4.50. 12 noon till 3pm.

Don't forget the girls are serving lunches on August 5, 12, and 26th. It will be some type of Mexican food. These are all Fridays that do not have any dinner nites.

We will be serving Monday Nite Football food starting in Sept. Price will be \$2.00 each time no matter what we serve. Chow will be at 6pm till we run out or 7pm which ever comes first.

**PRESIDENT ----- PATT
FISHER, 934-9429**

Welcome to our three new members, Helen Garrett, Maureen Bennett, and Robin Cheri Meyer. We welcome you and invite you to come to our meetings. We meet early and get out early. Our last meeting was great. We chose to have our meeting under the sky. It was comfortable and informal, but we took care of business.

We are in the process of getting an information session planned to give any of our new members an opportunity to learn more about our programs. Some of our long time members may also benefit from these sessions since some portions of some programs have changed. If you are interested, let us know. The session would probably be about three hours. We learn something EVERY time we have a meeting of any kind.

It's annual picnic time and I would like to thank each member who provided cakes, etc for our cake walk, and to all those who joined in the fun of "walking"

1st VICE/MEMBERSHIP ----- LOIS

CORNISH, 427-3966

Ladies our new year has started and the new 2006 membership cards are in. You don't have to wait for National to send your reminder. You can just stick a check for \$22.00 in an envelope and within a week, you will have your card and then you can just trash can the notice from National. We have not received our goal for this year, but you can bet it will be at least 404 which is what we ended up with last year.

**CHAPLAIN ----- GEORGIE
CHARLES, 267-4240**

We have been blessed for another month without a death in our Auxiliary. However Julie Amado broke her hip and is recovering. If all goes as well as expected, she should be home by the time of this writing.

Please contact me on a death or one who is hospitalized from our Auxiliary.

**COMMUNITY SERVICE ----- PATT
FISHER, 934-9429**

We are still supporting Rachel Center and the shelter here in Chula Vista. We appreciate all your donations and are glad to deliver them for you. Our last delivery was 17 bags and boxes of goods; \$75.00 in food; \$200.00 in pots, pans, dishes and flatware; and tooth paste and soaps to the shelter. I know that it is almost another year before you will be getting your taxes done, but if you would like a tax letter, please let us know. We will need name, address and what you donated. We have a "worth" chart that we received from Department that we use for estimated costs.

**VA&R ----- LOIS
CORNISH, 427-3966**

Our breakfast for the Veterans Home American Legion Post 867 was as always a success. We are still receiving donations to help them. It is a good feeling when we can help others. Thanks for supporting your fellow Veterans.

Three or four years ago, the American Legion Auxiliary split the Veterans Affairs and Rehabilitation Program into three sections. Veterans Affairs & Rehabilitation (VA&R);

VA&R Field Service; and VA&R Home Service. The following is a brief description of each:

VA&R – this is service or assistance that you provide to Veterans in a VA facility. Facilities include VA Hospitals or Medical Centers, VA Hospices, and VA Clinics. These facilities are FEDERALLY funded. Veterans Administration is a Federal agency and is funded by the same budget that funds our military operations, etc. Donations to the VA Hospital in La Jolla whether if be money, underwear, socks, or magazines/books – that is VA&R. When we host bingo at the VA Hospital, that is VA&R.

VA&R Field Service – this is service or assistance that you provide to Veterans OUTSIDE OF A VA FACILITY. This consists primarily of the Veterans Homes which are STATE operated. The Stand down which just ended is VA&R Field Service since it was outside of a VA facility. The National Arts Festival for Disabled Veterans is Field Service; it too is outside of a VA facility. Visiting a National cemetery or a cemetery which has a Veterans Section, that is Field Service since Military Cemeteries are STATE operated facilities. If you act as a pall bearer for a veteran that too is Field Service. When you drive a veteran to an appointment, grocery shopping, etc – if that veteran is not a relative, that is Field Service. These are just some examples of Field Service.

VA&R Home Service – this is service to a veteran that entails something that is prepared or made in the home for a veteran. Many people crochet lap robes and afghans, knit socks for bed bound Veterans, make wheelchair and walker bags, sewing, cooking, baking. This is all Home Service.

How many of us do some or all of these things and never think any thing of it. We need to let Congress know how we are helping our Veterans. Our year end reports along with those from the rest of our Nation will give them a lot to think about when a vote for VA funding is called for.

A POINT OF INFORMATION: After the Veterans Administration helps get a Veterans Home or Cemetery established, they are turned over to the State for operation of the facility.